

Be inspired by functional beauty.

## ZONE 3 GARDENS

perennials - annuals - vegetables

www.highstoneglassworks.com/zone3

## Zone 3 Gardens Fall 2015 Newsletter

{Volume 3 Issue 2} By Heather Hohenstein, Zone 3 Gardens,  
218-235-8193, zone3@highstoneglassworks.com

### "Functional Beauty" expanded

Thank you for another great season! We hope you're continually "inspired by functional beauty" (the mission of both Zone 3 Gardens and Highstone Glassworks). Z3 broadened the definition of "functional beauty" by assisting with a hydroponic growing operation. Lettuce supply met demand, but this first year way too much basil was planted – but it sure smelt beautiful in the greenhouse s. Our family will be enjoying "poor man's pesto" (recipe below) all winter.



"Poor Man's" Pesto Recipe: 1/4 c. sunflower seeds, 1/2 c Parmesan cheese, 1/2 lb. fresh basil (2+ c packed), 3/4 c olive oil, opt: 1 T lemon juice (for color), garlic salt to taste.

### More local produce news

Northern Delicious (Ellen & Van's CSA) has completed their second season. They are again increasing the number of shares for 2016. Email Ellen today if you're interested (the sooner the better): [ellenroot@gmail.com](mailto:ellenroot@gmail.com)

They're also looking for an intern for next season if you know of a high school or college student that is not afraid of physical, outdoor work..... a career that will never be outsourced!



Remember we have "Holiday Pots" rental - similar to the one shown, for \$50. Please let us know by Nov 13<sup>th</sup> if you would like one delivered before Thanksgiving! We will pick them up in January or whenever you're done with it.

### Herb Spiral

In addition to expanding our definition of "functional beauty" hydroponically, we also built two herb spirals for two different clients this summer. This Permaculture design maximizes the natural force of gravity, allowing water to drain freely and seep down through all layers – leaving a drier zone at the top (perfect for hardy herbs) and a moist area at the bottom for water lovers. The design also creates microclimates allowing you to plant a diverse range of herbs in a variety of positions (sunny, sheltered and shady).

It is a labor-intensive project moving the rock, gravel (interior of spiral) and black dirt amended with composted manure, but we think the results are functional AND beautiful. Cost of the structure = \$400. You can fill it with your own herbs, or we can plant for you. Popular herbs include: bay, marjoram, summer savory, rosemary, tarragon, sage, parsley, oregano and of course – basil (many different varieties!)

